

# KIDS ZONE

## POLICIES, TIPS, & HOURS



We are excited to welcome you to the Whatcom Family YMCA! This sheet highlights some of our policies and explain some helpful tips, as well as indicates the hours and ages for each room. Included in your membership is the added value of being able to use our childcare rooms for up to 90 minutes per day. We have wonderful and caring staff and have had extensive child abuse prevention trainings.

We have quality programming with activities for a child's enrichment as they are in our care. We are excited to be using LEAPING into Fun framework for Youth Development programming! Our rooms are safe and fun environments for your children. We look forward to building a strong relationship with your family.

### POLICIES

- **SIGN YOUR CHILD IN AND OUT FOR EACH VISIT.**  
The person who signed in your child and must be the person to sign them out.
- **PARENTS & GUARDIANS MUST REMAIN IN THE FACILITY.**  
It is important that staff are able to locate you within the facility in case of an emergency.
- **CARE PER SESSION**  
90 minutes please be mindful of the length of your workouts or time away from your children.
- **DO NOT CHECK IN YOUR CHILD IF THEY ARE ILL.**  
If your child is exhibiting signs of illness please keep them at home until you are able to confirm that they are not contagious. If your child appears to be ill, staff will page you to pick them up.
- **WATER IS OKAY.**  
Food is not permitted in child care rooms. To help us protect our participants with food allergies we ask that food not be brought into kids corner or kids zone.
- **STAFF CANNOT BABYSIT FOR MEMBERS.**  
We appreciate the relationships form between staff and families. However, YMCA staff are not allowed to babysit YMCA children outside of YMCA programs.
- **SOCKS ARE REQUIRED.**  
This is to keep our floors clean as possible. Please bring your own socks.
- **STAFF ONLY TO OPEN THE DOORS.**  
This is to ensure the safety of the children in our care.
- **SOILED DIAPERS WILL NOT BE CHANGED.**  
If children need diaper changes, staff will page you to change a soiled diaper. Please bring extra diapers and wipes for this purpose.
- **PLEASE FOLLOW AGE GUIDELINES ON SCHEDULE.**  
We have different ages in our rooms depending on days/times. Please play close attention to these adjustments so that you are able to prepare your child for the room they will attend.
- **IN CASE OF EMERGENCY/FIRE/EARTHQUAKE/ETC.**  
Your children will be counted, name checked, and moved with staff to the Key Bank parking lot across the street the safest emergency exit for the situation is through the front doors. Please know that we will be happy we accept your help in emergencies and will be able to release your children to you once all children are accounted for.

### TIPS

- **Tips for younger & new children:**  
When starting his new members or if there's a younger toddler that needs some assistance and transitioning to a new environment with new people, we suggest starting with consistency & short times.
  - Try to come as often as your schedule allows and plan to leave your children for 15 to 20 minutes at first, and then pick them up. They will relax more with each visit knowing that their parents such guardian really do come pick them up and they will get to know the YMCA staff.
  - Extend the time and try just checking in with staff at the 20 minute mark the staff will work with families to help things go smoothly as possible.
  - If the child has a "lovey", a blanket, pacifier, or stuffed animal to be of comfort we encourage you to bring them in.
- **Peak hours in the kids corner / adventure zone are yet to be discovered since we are reopening but when we are busy reservations can be made on our website for 90 minute time slots.**

### IN HOURS

**AM** Monday – Friday:  
8:45am – 12:15pm

**PM** Monday – Thursday:  
4 – 7pm

For questions or comments please contact  
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