



**BUILD SKILLS.  
CHANGE LIVES.**

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TODAY**

## **Lifeguard Certification (Red Cross)**

This course provides participants with the essential skills and knowledge to perform as competent lifeguards.

The training covers a variety of crucial topics, including water rescue techniques, surveillance and recognition, first aid, and cardiopulmonary resuscitation (CPR) for the professional rescuer.

Successful completion of this course awards participants with Lifeguard and Basic Life Support (BLS) certifications, recognized by the American Red Cross.

**WHEN:** Friday, May 2 – Sunday, May 4

- Friday: 5 – 9pm
- Saturday: 1 – 9pm
- Sunday: 9am – 5pm

**COST:** 250



**WHATCOM FAMILY YMCA**  
1256 N State St, Bellingham, WA, 98225  
360 733 8630 | [whatcomymca.org](http://whatcomymca.org)

**REGISTER BY APRIL 21**